



COMMUNITY HEALTH SERVICES

For the Wellbeing of You



Get PrEP-ared!



Have you heard of PrEP? PrEP is a once-daily pill or bi-monthly injectable, that can lower someone's risk of contracting HIV. There are three FDA approved medications for PrEP; two orals, Descovy and Truvada, and one injection, Apretude. Livwell is excited to announce we are now able to prescribe PrEP! Our staff has been working to build a program to best serve you, your partners, and others in a new prevention effort.

PrEP is a great addition to safer sex practices such as condom use. The once-daily pill or bi-monthly injectable has shown to be effective in reducing the chances of spread by up to 99% for sexual encounters and 75% for injection drug use!

There are some things to know about PrEP before deciding if it is the right fit:

- Descovy for PrEP is not tested in females assigned at birth.
- All who take PrEP will need to adhere to routine lab work to ensure health and efficacy.
- PrEP must be taken as prescribed for full effect.
- PrEP may be covered by your insurance provider.

At this time, our PrEP program is open to individuals who currently have insurance. Livwell is working to expand our ability to serve our communities every day. Our hope is to continue working with clients, community members, and medical providers for the wellbeing of you.

COMMUNITY NEWSLETTER

2022 - 2nd Quarter Edition



Upcoming Events



- June 4 - Paducah Pride - Noon to 9:30 pm
- June 11 - Murray Pride
- June 20 - Juneteenth - CLOSED
- June 24 - Marshall Co. Health Fair, 3-7 pm
- June 27 - National Testing Day
- June 27 - "Rent" at Maiden Alley
- July 4 - Independence Day - CLOSED

SpringTINI To Go 2022

SpringTINI To Go 2022 was held on May 26 from 4 pm to 7:30 pm. Due to COVID, the event was "to go" again. The final numbers have not been calculated; however, we can say we raised over \$26,000! Hopefully, next year we will be back on track with our regular SpringTINI event held downtown.



Client Events



- Newly Diagnosed Support Group
 - Meets every other Thursday at 1 pm
 - The next meeting is Thursday, May 26
 - Meetings held at Outreach Center
- SMART Recovery
 - Every Thursday at 1 pm
 - Meetings held at Outreach Center

Our Mission

LivWell Community Health Services strives to enhance the wellbeing of our community by providing comprehensive health and support services, education, and advocacy, as related to HIV/AIDS, sexually transmitted diseases, and viral hepatitis.

Be sure to follow us on social media!



livwellchs.org



“Progress is Impossible without Change.”

This quote by George Bernard Shaw, Irish Playwright and Nobel Prize winner for Literature in 1925, speaks of LivWell’s position for the last several months. Last year, as we began working on a new strategic plan for the agency, we realized it was time to think outside of the box and strive to offer other services to our community.

Since those days of sitting around the table defining what we wanted this new plan to look like for our future, we have been approved as a 340B STD Clinic. Soon, we will offer free STD testing and provide treatment as well. We are in the early development stage of offering PrEP (pre-exposure prophylaxis) medication for those individuals at high risk of contracting HIV.

Our Ryan White Part B and Housing services team has been restructured to allow a more “hands-on” approach to client support. By reorganizing into a more collaborative team, case managers will have more time to assist with the needs of their clients, contact them more frequently, and better assess those barriers to care and adherence. Making better use of the skills and talents of our staff allows us to concentrate on what is important to us—our clients.

With these changes, came a new name and logo, “LivWell Community Health Services, Inc.” and a new mission statement. Our aim is to put us in a position that will help us carry out our mission effectively and efficiently.

As our mission statement reads, “LivWell Community Health Services strives to enhance the well-being of our community by providing comprehensive health and support services, education, and advocacy, as related to HIV/AIDS, sexually transmitted diseases, and viral hepatitis,” we do this For the Wellbeing of You.

The aftermath of the December 10 tornado in Mayfield

LivWell was pleasantly surprised to receive donations from two separate agencies, Nashville Pharmacy Services and Central Baptist Church – Beardon to assist our clients who were impacted by the December 2021 tornado in our area. Our case managers got on the ball to contact our clients in these areas to assess their needs. Clients were assisted with clothing, food, hygiene products, maintenance needs, and rental assistance.

When speaking with one of the tornado victims, he stated, “Our apartment was completely blown away. We basically lost everything. LivWell stepped in and provided us with food, clothing, and a check to purchase much needed items. It meant everything to us to know someone cared and was willing to help us in this way.”

LivWell is so appreciative of Nashville Pharmacy and Central Baptist Church for thinking of our clients and allowing us the opportunity to help bring joy to our clients during such a difficult time.



Welcome to the Team!



Maria Caldwell
Receptionist



Teresa Lynn
Billing/Coding Specialist



Kayla Franklin
Assistant Case Manager



Lucy Calderon
Support Services Case Manager



Kyanna Parsons
Prevention & Outreach Coordinator



Terrence Nailing
Prevention & Outreach Coordinator



Karly Caldwell
Support Services Amenities Coordinator



Rhiannon Sledd
Phlebotomist/Medical Assistant



Ashley French
Mental Health Counselor



John Putney
Support Services Case Manager

